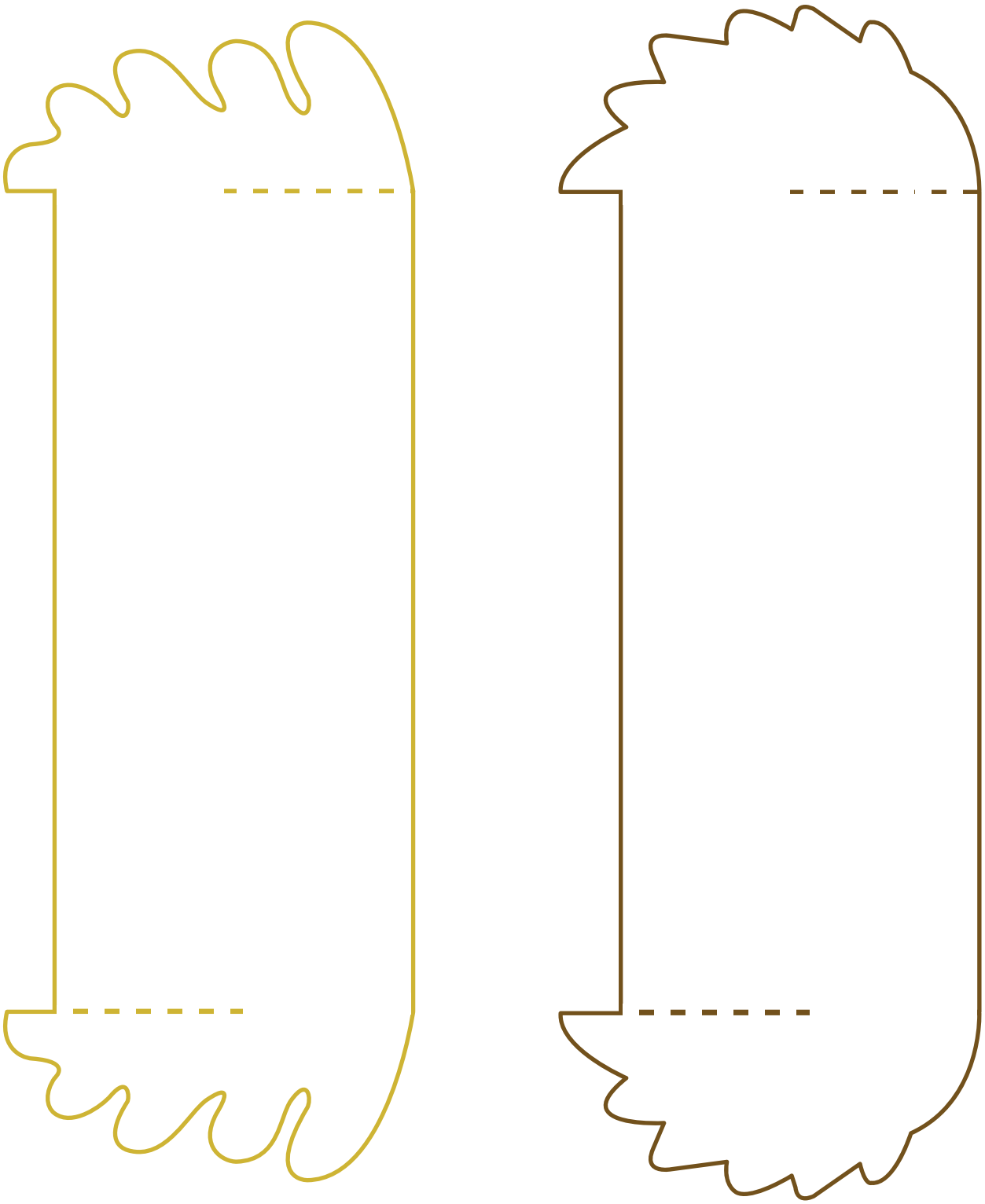Portatovagliolo autunnale